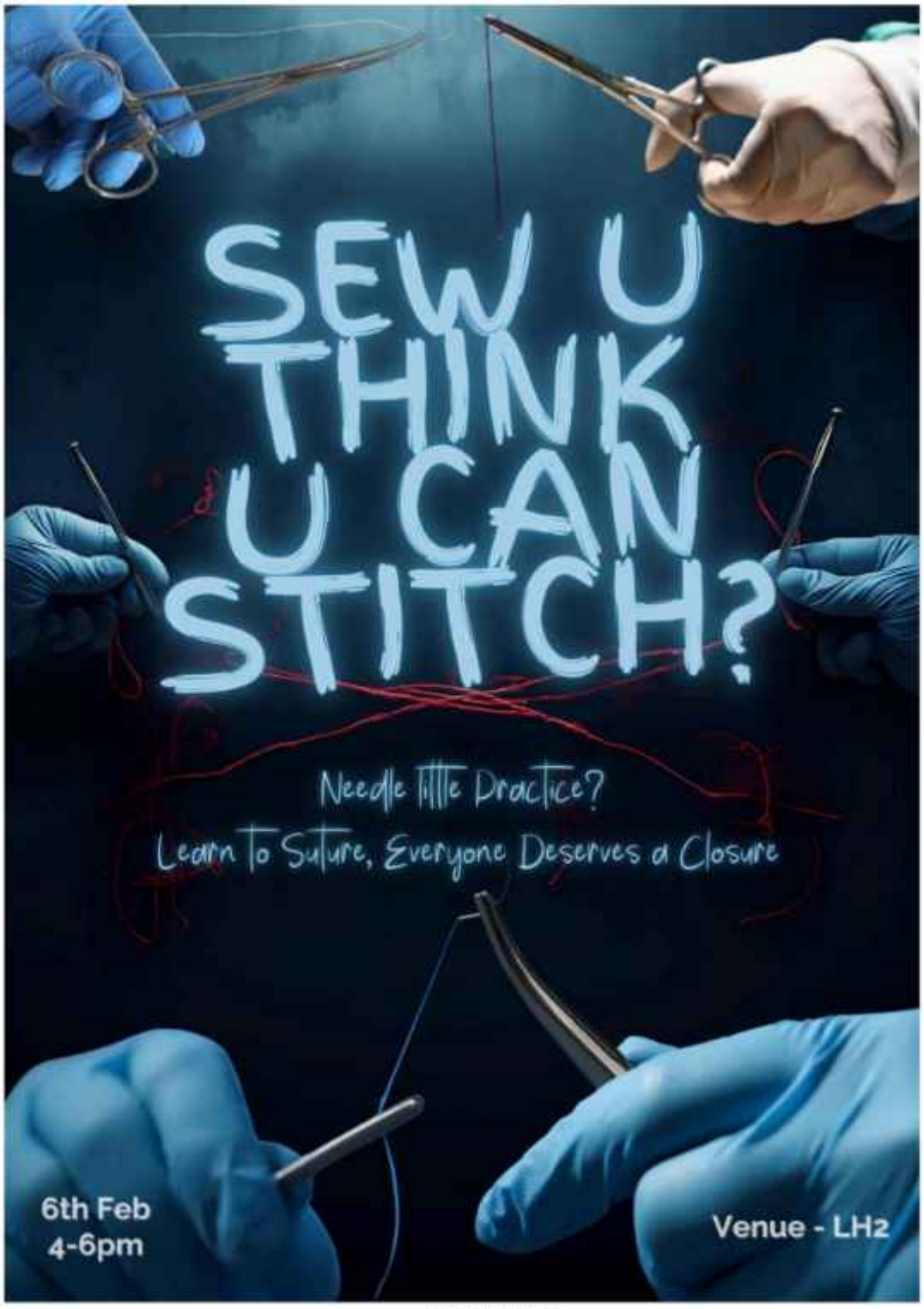
YENEPOYA



The brochure

YENEPOYA

Event Report

Form A

1	Title	"Sew You Think You Can Stitch?"- A Workshop on Basic Suturing Techniques
2	Date	06.02.26
3	Objective	Teach Undergraduates Basic Suturing Skills
4	Target Group	Undergraduates-Members of Blades and Beyond
5	Location of the Event	Lecture hall 2, SGTs-3,4,5 - Yenepoya Medical College
6	Organizing Department / College	Blades and Beyond – Student Led Surgery Club
7	Organizing Committee Members	Ayesha Rida, Somya Saxena, Ishan Ginodia, Smera Rajesh and council of Blades and Beyond
8	Resource Persons with Affiliation	Dr. Kirti B Varale Senior Resident Department of General Surgery
9	External Organizations / Persons involved	None

10	Aligned Sustainable Development Goals	SDG 3 – Good Health and Well-Being Training undergraduate medical students in this procedure contributes to strengthening health workforce competency, improving quality of essential surgical care,improving patient outcomes, and this directly supports safer procedural care. SDG 4 – Quality Education Hands-on training and skill-based medical education enhance the competency of future healthcare professionals. Teaching suturing techniques using suture pads and supervised instruction promotes high-quality medical

		education, capacity building, and lifelong learning among undergraduate students. SDG 8- Decent Work and Economic Growth Enhances employability and procedural competence and prepares future doctors for safer clinical practice SDG 10- Reduced Inequalities Training more students improves distribution of basic surgical skills and helps to strengthen peripheral/rural surgical quality
11	Alignment with any National or International Initiatives	International Initiatives- 1. World Health Organisation- Global Surgery and UHC initiatives- WHO promotes strengthening basic surgical services and emphasises on safe, essential and emergency surgical care 2. The Lancet Commission on Global Surgery- key goal- 80% coverage of essential surgical services by 2030 3. Global Surgery 2030 Framework- focuses on safe, affordable surgical and anesthesia

		care. National Initiatives: 1. NMC- CBME curriculum- emphasises skill labs, early clinical exposure, certification of procedural competencies 2. MoHFW- better trained graduates ensure a stronger public health system, aligning with the vision of Ayushman Bharat

12	Brief Report of the Event The "Sew You Think You Can Switch" workshop consisted of a 60 minutes hands on training session on basic suturing techniques ranging from simple continuous sutures to buried sutures.. Undergraduate students were trained using suture pads with appropriate instruments. The session included a comprehensive discussion on the principles,indications procedures, advantages and disadvantages of each suture. The sutures covered included- Simple continuous, Simple interrupted, Vertical Mattress, Horizontal Mattress, Subcuticular and Buried Sutures . This was overseen by Dr Kirti B Varale.The training aimed to enhance both theoretical understanding and practical skills among participants. Post the training, we conducted a 30 minute game which involved suturing petals onto a base using different techniques learnt during the session to form a flower, to gauge the understanding and techniques learnt by the members during the session. The top 3 members who demonstrated the techniques the best were awarded for the same to encourage active listening and participation. The session was attended by a total of 65 undergraduate MBBS students from the 2023, 2024 and 2025 batches of Yenepoya Medical College.
13	Outcome of the event
	Gain in knowledge/skills acquired- - theoretical and hands on experience in basic suturing skills.
	Pre-test average: Test not conducted Post-test average: Test not conducted Knowledge/Skill Gain: Practical competence in basic suture techniques

14	Number of YMC Participants	Students	65
		Teachers	1
15	Number of External Participants / Beneficiaries (if applicable)	None	
16	Attach geo-tagged photographs of the event with appropriate captions (Max Two).		
17	Attach the brochure as an annexure in the final PDF; **do not embed a scaled-down image in the Word document.**		

18	Seal and signature of the organizer	

YENEPOYA



The founding council members, The president and the vice president of Blades and Beyond with Dr. Kirti B Varale, our staff incharge for the event



One of the tables with the Council member- Aysha Aboobacker from 2023 batch teaching the participants

2026 - 2027 COUNCIL MEMBERS

	6/1/26	6/2/26			
23 BATCH					
1. AYESHA RIDA	✓	✓			
2. SOMYA SAXENA	✓	✓			
3. ISHAN GINODIA	✓	✓			
4. SMERA RATESH	✓	✓			
5. MEERA MASHOOD	✓	✓			
6. AAMINA SAYAR	✓	✓			
7. AYSHA ABOOBACKER	✓	✓			
8. JUNAID	✓	✓			
9. TEJAS SANJEEV DESAI	✓	✓			
10. BUSHRA AHSAN	✓	✓			
11. ANABIYAH	✓	A			
24 BATCH					
1. ABDULLAH	✓	✓			
2. SAMAR	✓	✓			
3. SANAA	✓	✓			
4. HUDA	✓	✓			
5. PARVATHY	✓	✓			
6. SABA	✓	✓			
7. PRANAV	✓	✓			
8. NIYOR	✓	✓			
9. TABIN	✓	✓			
10. MINA AKBAR	✓	✓			

2023 BATCH - NEW MEMBERS - 2026-27'

NAMES	6/11/26	6/12/26			
1. AQSA	✓	✓			
2. SVEDA ZOYA	✓	✓			
3. KHADIJA KAISER	✓	✓			
4. LAVITA	✓	✓			
5. SHRAVYA	✓	✓			
6. DARSHANI	✓	✓			
7. BHOOMIKA	✓	✓			
8. ISHITA	✓	✓			
9. SHREYA	✓	A			
10. KRUPA	✓	✓			
11. RUHINA	✓	✓			
12. DHAIWIK	✓	✓			
13. NOURIN	✓	✓			
14. AYISHA HIBA	✓	A			
15. SANA	✓	✓			
16. AMRITHA	✓	✓			
17. SHRIDHULA	✓	A			
18. LEON	✓	✓			
19. CATHERINE	✓	✓			
20. NUMA	✓	✓			
21. ALBINA	A	✓			
22. ALEENA	A	✓			
23. HAMMAD	A	A			
24. JOSTIN	✓	A			
25. MAANVI	✓	✓			
26. PRATHIK	↓ newly added	✓			

2024 BATCH - MEMBERS FOR THE YEAR 26-27

	NAMES	Collage	
1.	SIDDHARTH	✓	A
2.	ZARIN	✓	✓
3.	YUSUF	✓	✓
4.	SARAH KAUNAN	✓	✓
5.	LUQMAN	✓	✓
6.	HEMANTH	✓	✓
7.	MEHREEN	✓	✓
8.	PREM KUMAR	✓	✓
9.	RABIYA	✓	✓
10.	MEHWISH	✓	✓
11.	ISHA	✓	✓
12.	JOSH JOSH	✓	✓
13.	MEERA	✓	✓
14.	KARTHIK R	✓	✓
15.	BHUPESH	✓	✓
16.	IFRAH SHAH	✓	✓
17.	NAFEEZA SOHA	✓	✓
18.	KHADEEJA	✓	✓
19.	ROHIT	✓	✓
20.	CAIBA	✓	A
21.	AMNA	✓	✓
22.	SOHA MOHAMMED	✓	✓
23.	HAFSA	✓	✓
24.	ESHAAN	✓	✓
25.	SAN SARAH FARUQANI	↓	✓

Added Newly.

SUTURE SESSION - 6th FEBRUARY 2026 - Extra Entries.

2025 batch

1. Nicole
2. Niharika Gowda
3. Pooja
4. Deepthi
5. Elvita
6. Ranjan

Did not get card :-

- Amritha.
- Prathik.
-
-

23 batch

1. Nachi
2. Mallikarjun
3. Laniah.